

JAN-MAR
2017

THE GRADUATE

THE MAGAZINE OF THE NATIONAL UNIVERSITY OF SINGAPORE SOCIETY

nuss
The Graduate Club

NEW LOOK, NEW MENU

Chef Sheikh Ajimun unveils
his tandoori specialities
at the revamped
Café on the Ridge



PACE YOURSELF

Walk the road to fitness
the fun way



POWER PLAY

Singapore's foreign
relations post
US elections



A MOVEABLE FEAST

5 hottest food
festivals in 2017

Ethan Lim
Vice President, Internal Audit
Sumitomo Mitsui Banking
Corporation

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Partner, Forensic
KPMG in Singapore

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For ten years and counting, SMU's Master of Professional Accounting (MPA) has been attracting top executives who want an internationally recognised accounting degree. In today's complex business environment, especially with the increasing emphasis on governance and accountability, knowledge of accounting is essential for anyone who aspires to move up the corporate ladder.

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- Received recognitions from regulatory, professional and academic bodies, which offer an accelerated pathway for MPA graduates to satisfy the membership requirements of these global professional bodies, and to qualify for the CPA or CA status.
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For more details on our information sessions, visit smu.sg/nuss-jan2017

PRESIDENT'S MESSAGE

Dear fellow members

Last year has been another year of progress for us. We are grateful to have received your encouraging support in our continuing effort to engage members as well as grow our relationship with our alma mater, NUS, over the past year.

I take this opportunity to thank Mr Wong Ngit Liong, who steps down as Chairman of NUS Board of Trustees at the end of December 2016. NUSS has indeed benefitted much from his guidance and strong support for the Society over the years. The Society looks forward to working closely with his successor, Mr Hsieh Fu Hua, on fresh collaborations to further deepen the bonds between NUS and the alumni community.

In forging closer ties with NUS, the Society constantly seeks ways to support the University on meaningful joint initiatives. In October 2016, NUSS collaborated with the NUS Office of Alumni Relations to help raise more than \$500,000 at the 25th NUS Alumni and Friends Charity Golf 2016. The fund will be used to support financially challenged NUS students to enable them to pursue their studies at the University.

In the previous issue, I touched briefly on plans to improve our F&B outlets and I am pleased to report that the upgrading works to the Café on the Ridge at Kent Ridge Guild House has been completed. The revamped dining area is now more spacious and offers members a new menu featuring Northern Indian tandoori chicken cuisine. I encourage members to visit the Café to check out and savour some of Chef Sheikh Ajimun's culinary delights. With the upcoming closure of Bukit Timah Guild House at the end of February 2017, members can still continue to enjoy some of the popular menu items currently available at The Dunearn, which will then be offered at The Bistro at Suntec City Guild House.

Meanwhile, the taskforce continues its search in earnest for suitable facility options.

On membership privileges, aside from the new gym usage arrangement with True Fitness, I am delighted to inform you that NUSS members travelling out of Changi Airport can now enjoy complimentary access to DNATA's premium airport lounges at Terminals 1 and 3.

Let me conclude by wishing you and your family a very happy and fulfilling 2017!

Yours sincerely



*Eddie Lee
President*

"While we celebrate the end of 2016 on a high note, we're glad to kick off 2017 with a fresh look for The Graduate, our quarterly magazine. We hope this publication will continue to serve as an engaging read for our members"



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JAN-MAR
2017



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The Graduate Club

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NEW LOOK, NEW MENU

Café on the Ridge gets a facelift and a fresh menu just in time to usher in the new year.

After two months of renovations, Café on the Ridge is ready to welcome members and guests to a new dining experience. Known for its casual and cosy ambience, the Café now boasts a bigger seating capacity. The main dining space can accommodate 140 guests, while the Ridge Bar – now connected to the Café via a new passageway – can seat another 60.

Apart from the fresh look, the Café is now offering a new menu featuring Northern Indian dishes, thanks to our very own chef, Sheikh Ajimun.

“I wanted to bring the flavours of Northern India here so that our members can enjoy something new when they come to the Café,” chef Ajimun said. “Besides, tandoori items are popular in Singapore so it’s time we put them on our menu.”

Look out for favourites such as fish *tikka*, *seekh kebab*, *rogan josh* and *palak paneer*, best eaten with a selection of freshly baked *naans*. Or order the tandoori sets, which are good value for money. Vegetarian options are also available. All these items are prepared in the open kitchen – another new feature at the Café following the revamp.

Café on the Ridge has been serving Western and Asian cuisines since it opened and the lunch set menu changes every month, ensuring that members will always have a selection of items to look forward to.

“We’re constantly looking at new ways to cater to the needs of our members,” said Mr Roy Higgs, CEO of NUSS. “The revamp of the Café is part of our efforts to improve our offerings for the enjoyment of our members, their families and friends.”

On the open kitchen concept, Mr Higgs said, “It adds to the whole dining experience – the sights, smells and sounds give a ‘wow’ factor. There’s a certain kind of excitement when you can see the chefs preparing your food in front of you.” ■

Café on the Ridge continues to offer monthly promotions.

Check out our website at www.nuss.org.sg/kent-ridge/75/27 for details.

OPERATING HOURS

Sundays to
Thursdays & public
holidays
Noon-10pm (last
orders at 9.45pm)

Fridays, Saturdays
& eve of public
holidays
Noon-10.30pm (last
orders at 10.15pm)

Closed from 3pm-
6pm on weekdays



OPPOSITE TOP:
THE BAR IS NOW
CONNECTED TO THE
CAFÉ (OPPOSITE
BOTTOM) THROUGH A
NEW PASSAGEWAY

LEFT: CHEF SHEIKH
AJIMUN AND
HIS TANDOORI
SPECIALITIES



A LONG AND PROUD FRIENDSHIP

US Ambassador shares his insights at the Meet the Ambassador Series: 50 years of US-Singapore relations.

The United States and Singapore are longstanding allies who have plenty in common, said US Ambassador to Singapore, The Honourable Kirk Wagar, at a dialogue with NUSS members and guests at the Kent Ridge Guild House on 26 October 2016.

These include a history of immigration, the ability to evolve and remain nimble, common interests in protecting intellectual property and fighting terrorism.

The Honourable Kirk Wagar, 46, a lawyer from Miami who described himself as being “candid to a fault”, gave participants much insight into the breadth and depth of the two countries’ bilateral cooperation – some of which may surprise you (see box).

In particular, he gave full support to an open immigration policy. He suggested that this gives the US a competitive edge and makes it a land of equal opportunity: “We’re the only country in the world with citizens from all other countries in the



“We’re the only country in the world with citizens from all other countries in the world. Our diversity is our strength”

region safe for everyone.”

Overall, members were appreciative of The Honourable Kirk Wagar’s candour as the session offered them valuable insight into the diplomatic and friendly relations between the US and Singapore.

The Honourable Kirk Wagar has served as US ambassador to Singapore since September 2013. ■



US AMBASSADOR TO SINGAPORE, THE HONOURABLE KIRK WAGAR, AND MR JEFFREY KHOO, CHAIRPERSON OF THE INTELLECTUAL PURSUIT SUB-COMMITTEE, WHO WAS THE MODERATOR AT THE DIALOGUE SESSION

world. Our diversity is our strength.”

During the question-and-answer session, many participants were concerned as to whether the outcome of the US presidential election would affect American foreign policy in Asia. To this, The Honourable Kirk Wagar opined that the US would continue to keep shipping lanes open in the South China Sea: “Our future is tied to this region... our job is to keep the

DID YOU KNOW?

The US was already trading with Singapore 180 years ago. The first American export to Singapore was ice.

ExxonMobil, a US company, is the biggest single investor in Singapore.

There are more than 7,000 Singaporeans studying in the US.

700 US firms have based their regional headquarters in Singapore.

More Singaporeans have trained in US military colleges than the rest of Asia combined.



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FOSTERING A SOCIETY OF ACTIVE SILVERS

*It's never too late
to get active and
stay connected
even in your
twilight years.*

In May 2016, the S-Connect took on a new name. It was renamed The Active-Ageing and Lifelong Learning Sub-Committee or ALL SC, and tasked by the Management Committee with proactively fostering a greater appreciation of positive ageing among the more than 7,000 members aged 50 and above.

The Graduate caught up with some ALL SC group leaders recently to find out more about the new social, wellness and lifestyle, and lifelong learning programmes, as well as volunteerism opportunities that are being organised for this specific group of members.

For instance, did you know that creating art promotes mindfulness, which in turn improves mental health? Sub-Committee member Ms Chi Pin Lay wants to encourage seniors to “do something you never thought you could.” Ms Chi is an artist who actively travels the world to promote Chinese art. She

conducts calligraphy and Chinese ink painting classes. “You don’t have to be good in Mandarin to do Chinese calligraphy,” she says. Watch out for a course she will be conducting soon.

If keeping fit is at the top of your agenda but you find it hard to get started, join the walkers group. Members meet every Monday afternoon and cover about 6km on the Park Connector network each time. “Walking is free,” says the co-ordinator of this wellness programme, Ms Shu Moo Yoong, “and you can do it even if you’ve had a knee replacement!” Ms Shu, who is an avid walker, adds: “When you’re getting on in years, you need friends. So get involved.” The group usually bonds over a meal after their walks.

“Learning never stops and it’s especially important to keep your mind active to prevent or delay dementia,” says Mr Chua Joon Eng, a committee member, who is helping to put together



FROM TOP: PARTICIPANTS AT A WORKSHOP SESSION; BOOK CLUB LITERARY DISCUSSION GROUP; SING-ALONG CAMARADERIE

OPPOSITE PAGE: PICKLEBALL ENTHUSIASTS

a series of courses covering music, art, history, health and digital technology to encourage seniors to keep learning. He adds: "Some of our courses are led by seniors for seniors. We have many members who have volunteered to teach and we're tapping on their experience and expertise." Mr Chua points out that the primary aim of the courses is to empower seniors to lead independent and purposeful lives while encouraging bonding, active discussions and follow-up activities among participants for a more enriching experience.

Cultivating the spirit of volunteerism, especially among seniors, is a national drive. Through collaboration with partner organisations, NUSS, with its sizable membership base and diverse talent pool, can provide members with opportunities to volunteer in meaningful ways. "We want our members to realise how they can be useful to the nation even in their later years," says Mr Steven Loh, another committee member who hopes to see more members view volunteering as a way of giving back to society. NUSS is hoping to partner NParks to provide a platform for members to volunteer in some of their outreach programmes. Sign up for a presentation by NParks' senior executives on 18 January 2017 at Kent Ridge Guild House to find out how you can volunteer.

ALL SC organises a wide range of activities to suit the diverse needs of members – whether you're a grandparent, a busy professional or a retiree. Make an effort today to find out how you can be an active participant. ■

EVENT	TIME	VENUE
<i>Upcoming activities</i>		
NParks Volunteer Programme	18 Jan 2017, Wed 7pm - 8.30pm	KRGH
Obesity and You	19 Jan 2017, Thu 12pm - 2pm	KRGH
Health Appreciation Workshop	22 Feb 2017, Wed 9am - 1pm	KRGH
Fellowship Lunch: Engaging the Person with Dementia	14 Mar 2017, Tue 12pm - 2pm	KRGH
Basic Ukulele Course	From 1 Mar 2017, Wed 10.30am - 11.30am	KRGH
<i>Ongoing Activities</i>		
Pickleball	Every Tue 10.30am - 12.30pm	KRGH Multipurpose Hall
Social Bridge	Every Tue 12.30pm - 6pm	KRGH, Activity Room
Social Mahjong	From 1 Feb 2017, Wed Every 2nd & 4th Thu of the month 2.30pm - 5.30pm	KRGH, Activity Room
Walking Towards Better Health	Every Mon From 5pm onwards	Various Locations

For enquiries and registrations, please contact Kelly Koh at 6586 3741 or email kellykoh@nuss.org.sg



THE HEAT IS ON

SOUS CHEF

*Sheikh
Ajimun*

HIS FORTE

*Whipping up
Indian dishes
using his own
blend of spices*

Chef Sheikh Ajimun, 43, who hails from Kolkata in India, is spicing up the menu at Café on the Ridge – just three months after joining the team. He's ready to unveil his new tandoori specialities – prepared using his own secret blend of spices.

WHAT MAKES YOUR TANDOORI DISHES SPECIAL?

It's all about the method of cooking – using a proper tandoor (clay oven). Meats especially are more flavoursome when cooked at high heat fired by charcoal. This method of cooking also adds the characteristic smoky flavour and makes the dish smell delicious.

WHAT ARE THE KEY INGREDIENTS IN A TANDOORI MARINADE?

Salt, ground turmeric, chilli, cumin and coriander – these are the basic ingredients in any Indian kitchen.

DID YOU TWEAK THE ORIGINAL RECIPES?

I retained the standard spice blends for the different types of dishes but toned the heat down a little to suit local palates.

HOW DO YOU ADD YOUR PERSONAL TOUCH TO THE DISHES?

Every tandoori recipe requires its own blend of spices. For instance, the spice mix for tandoori chicken is different from what you would use for fish. I make my own *garam masala* and it's my signature blend – something that sets my food apart from the rest.

WHAT ARE SOME SIDE DISHES TO GO WITH TANDOORI ITEMS?

Order some curry and garlic *naan* to go with tandoori chicken. *Palak paneer* (Indian cottage cheese) is also a good choice. Fish tandoori is best eaten with plain *naan* or *biryani*.

WHAT KEEPS YOU COOKING?

I started cooking out of necessity to help my family. It was my first job at 16 – I was doing menial tasks in various kitchens in India. But now, I've come to really love cooking. I'm happy when I see people enjoying my food.

DESCRIBE YOUR EXPERIENCE WORKING IN NUSS SO FAR.

It's been great and I enjoy the work environment. There has been an increase in orders for Indian food and I notice that members are coming back for more. I feel extremely motivated when I receive their positive feedback. ■

Chef's recommendations



Tandoori Chef's Speciality Set Meal (non-vegetarian set)

Murgh makhani or lamb rogan josh served with palak paneer, cucumber raita, biryani, plain naan and tandoori papadum



Murgh Tikka Masala

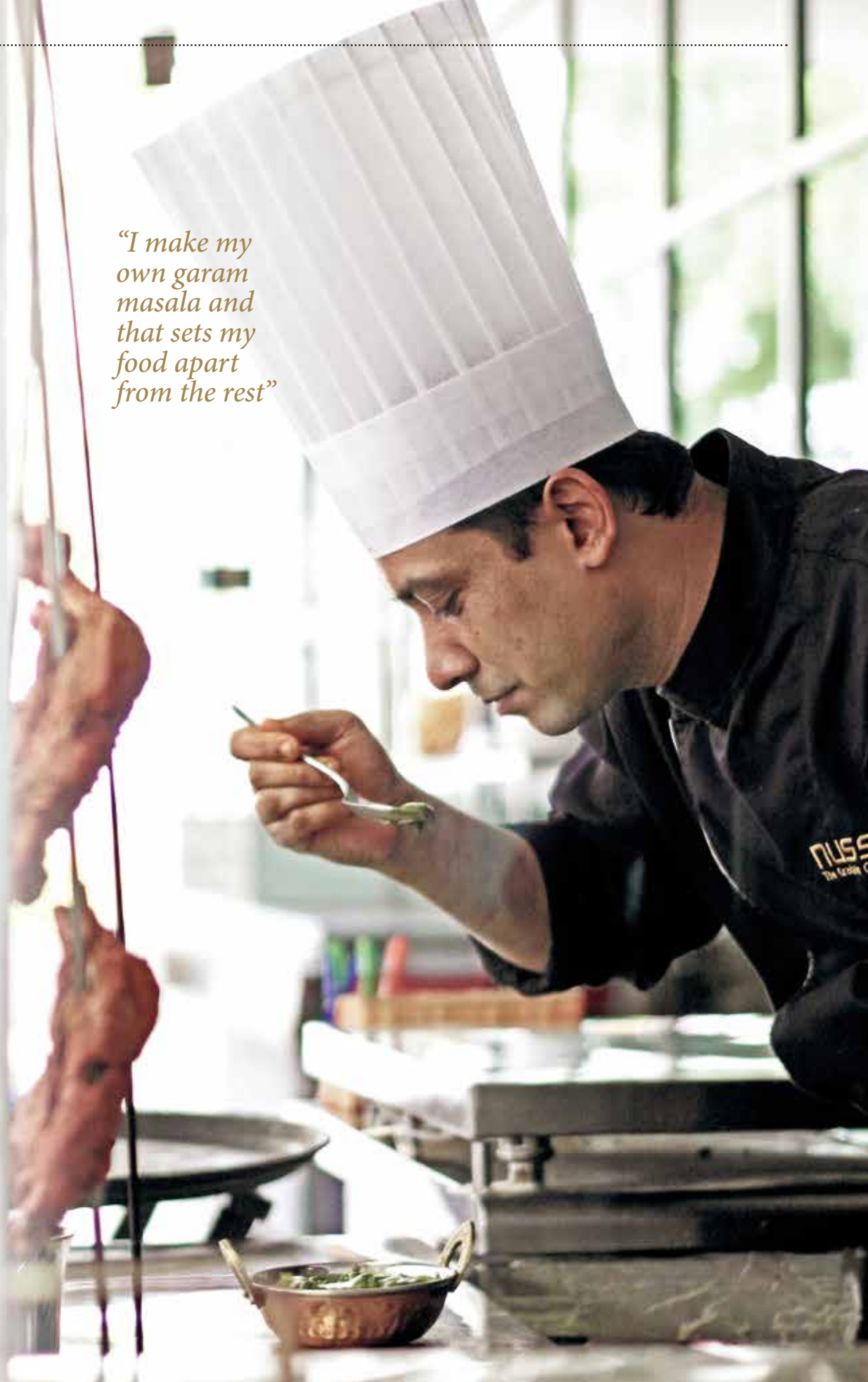
Tandoori chicken tikka cooked with onions, tomatoes, pepper and spices



Kadai Prawns

Tiger prawns cooked with onions and capsicum with Indian spices

*"I make my
own garam
masala and
that sets my
food apart
from the rest"*



TALK OF THE TOWN

2016 WORLD CHAMPION OF PUBLIC SPEAKING
Darren Tay

SUCCESS STORY
He beat more than 30,000 competitors over several rounds of the competition to emerge champion



Darren Tay, NUSS member and lawyer turned public speaking coach, credits the supportive community at the NUSS Toastmasters Club for his win at the 2016 World Championship of Public Speaking held in Washington DC.

WHY DID YOU TAKE UP PUBLIC SPEAKING?

I was very shy as a child. I didn't want to do any presentations in class and even when I was part of a team, I would be the one clicking through the slides. The turning point came when I was 14 and my English teacher threatened to fail me if I refused to present for a test. I practised 20 to 30 times and in the end I did really well. In fact, my teacher held me up as a role model for the class. It was a great affirmation for me. I went on to join the debate team and eventually ended up in law school.

HOW HAS YOUR EXPERIENCE BEEN WITH THE NUSS TOASTMASTERS CLUB?

There are many motivated individuals at the Club – people who want to improve their public speaking skills. I get to meet people from all walks of life and we all learn from each other. I also get invitations to speak at corporate events and schools, thanks to the opportunities presented by the members.

HOW DID THE CLUB CONTRIBUTE TO YOUR SUCCESS AT THE 2016 WORLD CHAMPIONSHIP OF PUBLIC SPEAKING?

Winning requires not just writing a good speech. A good speech is not just written – it's rewritten. The members at the Club gave me a lot of feedback on my delivery. I learned the importance of placing my audience first, knowing what they want.

“A good speech is not just written – it’s rewritten. I learned the importance of placing my audience first, knowing what they want”

HOW DO YOU SUSTAIN THIS INTEREST?

I’m very passionate about public speaking so I surround myself with like-minded and positive people to keep my interest going.

HOW HAS LIFE CHANGED FOR YOU SINCE WINNING THE CHAMPIONSHIP?

I’m humbled by the win. It has opened up various overseas opportunities for me. Since the win last year, I’ve had the chance to fly to 10 countries for various speaking engagements. So far, I’ve another 12 events lined up for 2017.

ANY TIPS FOR THOSE LOOKING TO IMPROVE THEIR PUBLIC SPEAKING SKILLS?

First, make sure that you rehearse sufficiently. Don’t just do it in front of the mirror. Use a camera phone to record yourself and get your mentor to give you feedback. Second, get a good mentor to shorten your learning curve exponentially. Lastly, grab any speaking opportunities that come your way. Public speaking is like cycling or swimming. You can’t master it just by watching videos on YouTube. You must constantly do it to hone your communications skills. Everyone can become a good public speaker. It’s not about nature but nurture. ■



NUSS TOASTMASTERS CLUB

NUSS Toastmasters Club, set up in 2004, is part of Toastmasters International. Members get the opportunity to interact and exchange ideas on public speaking with fellow toastmasters from other clubs around the world through regular chapter meetings and conventions. Interested in public speaking? Visit www.nuss.org.sg to find out more.

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01

EVENTS

J

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**MORE EVENT
DETAILS AT
NUSS.ORG.SG**

19 JAN

Obesity and You

Obesity is a silent killer that causes many health issues. Learn how to prevent it from Assistant Professor Asim Shabbir from the National University Hospital.





FROM JAN

Swimming Pool New Programmes

Swimmers can look forward to joining the Aqua Aerobics class this year. Enjoy an invigorating workout while keeping your joints injury-free. There's also a WaterTwinkles programme for babies aged six to 36 months.

24 JAN

Professorship Lecture with Professor Stephen J Hawkins

Professor Stephen J Hawkins, Dean of the newly formed Faculty of Natural and Environmental Sciences at the University of Southampton, provides an insight into climate change and the future of mankind.



NUSS
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02

EVENTS

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MORE EVENT
DETAILS AT
NUSS.ORG.SG



03 FEB

Ang Pow Golf Tournament

Brush up your golf skills at this annual Chinese New Year tournament and tuck into a *lo hei* dinner to round off the evening.

04 FEB

DanceSport Chinese New Year D&D

Enjoy good food and catch high-energy performances at this annual social gathering organised by NUSS DanceSport.



05 FEB

Chinese New Year Luncheon with the Elderly

An annual event organised by the NUSS Community Care Sub-Committee. Join us and enjoy performances by Anglo-Chinese Junior College students, the lion dance troupe and more.





Update on Bukit Timah Guild House (BTGH)

Dear members

NParks has informed us that when the current lease of Bukit Timah Guild House expires in end of March 2017, they intend to make use of the premises for their own needs. The last day of operations at BTGH will be on Tuesday, 28 February 2017.

While this development is not unexpected, the Management Committee had in the meantime formed a Taskforce to explore various possible facility options. The task is ongoing and members will be kept posted once specific opportunities become available.

To ensure that members can continue to enjoy some of the popular offerings from The Dunearn, the Secretariat is looking at incorporating these at the Bistro in Suntec City Guild House.

We would like to express our gratitude to all the members for their invaluable support of BTGH over the years.

NUSS Management

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02

EVENTS

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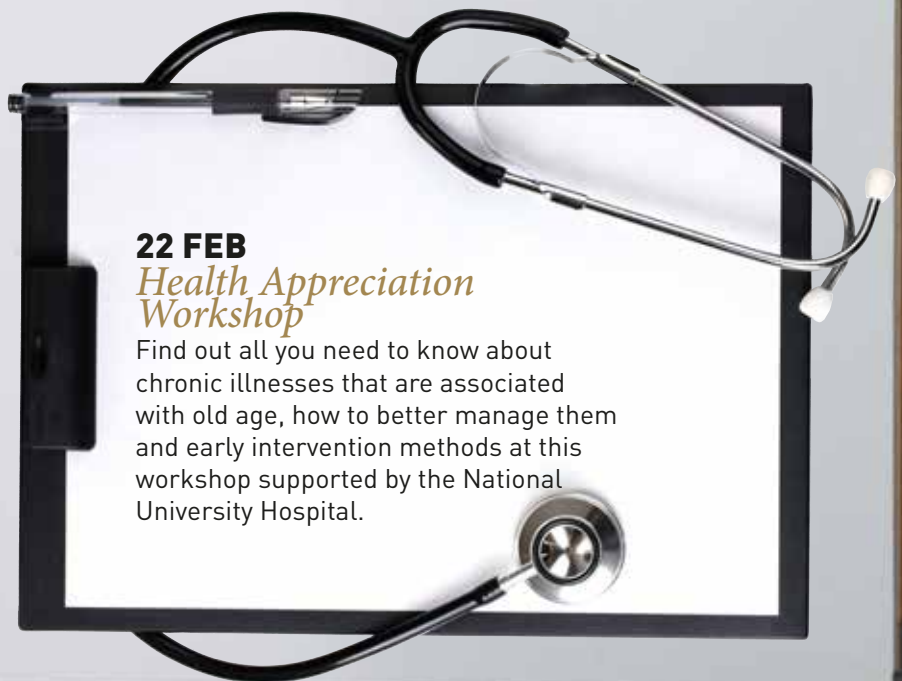
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NUSS.ORG.SG**



05 FEB

Lion Dance Spectacle

Usher in the Year of the Rooster with a spectacular lion dance performance.



22 FEB

Health Appreciation Workshop

Find out all you need to know about chronic illnesses that are associated with old age, how to better manage them and early intervention methods at this workshop supported by the National University Hospital.

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and University Club**

**Chulalongkorn
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03 EVENTS

M A R

**MORE EVENT
DETAILS AT
NUSS.ORG.SG**

04 MAR

Tea Appreciation

Learn about the history of tea and its health benefits, and participate in a tea brewing session.



04 MAR-06 MAY

The Little Musician Series

Led by music trainer Tham Siew Haw, this series comprises two modules for four- and five-year-olds. Module 1 teaches your child to play percussion instruments, recognise musical notes and includes singing exercises and games. Module 2 takes your child's musical skills to the next level by teaching them how to recognise different melodic forms, compose rhythms and play complex tunes.



29 MAR

NUSS Appreciation Dinner 2017

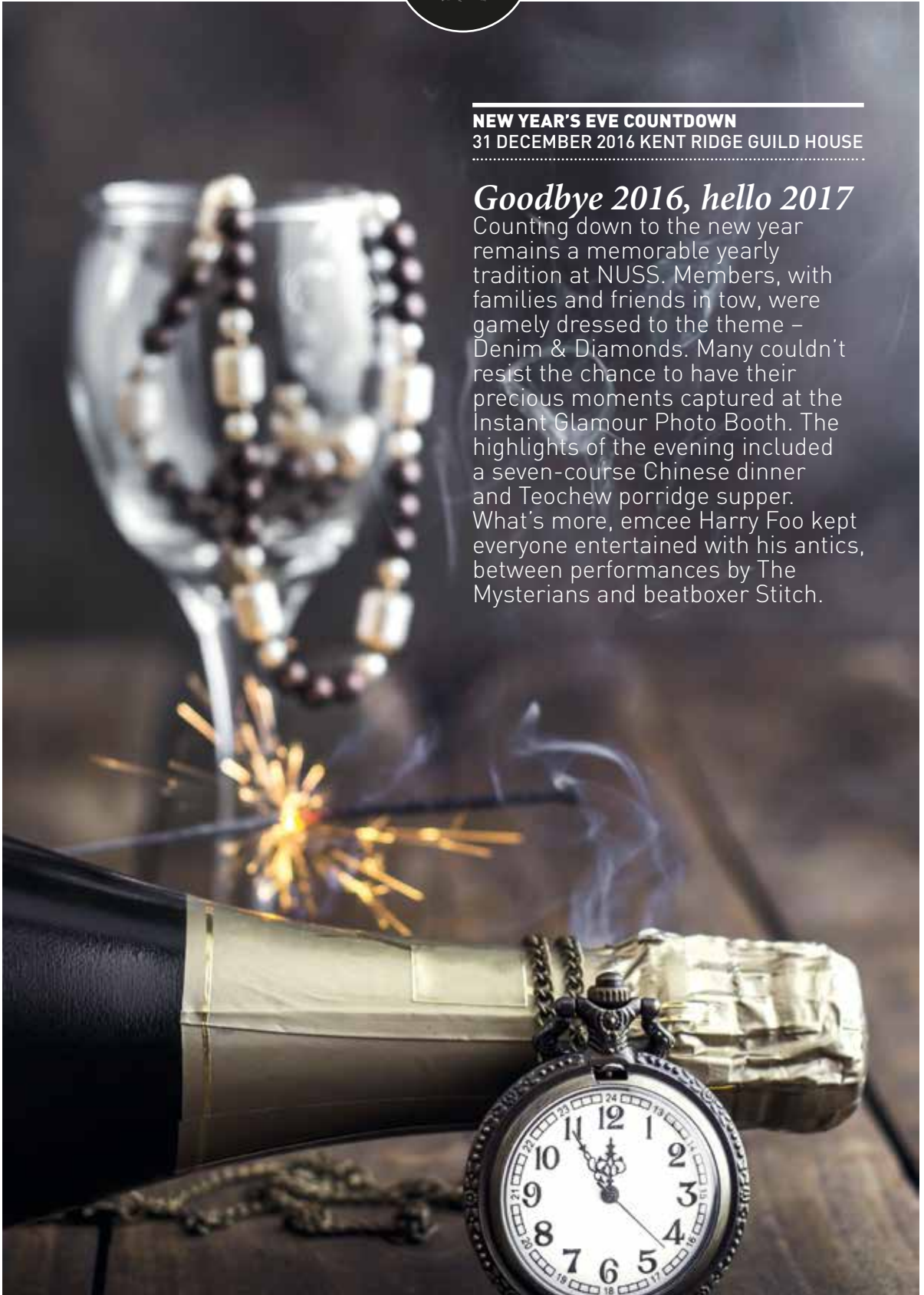
Held in honour of the Sub-Committee members for their contributions, this annual event will also recognise NUSS Distinguished and Outstanding Members 2016.

NEW YEAR'S EVE COUNTDOWN

31 DECEMBER 2016 KENT RIDGE GUILD HOUSE

Goodbye 2016, hello 2017

Counting down to the new year remains a memorable yearly tradition at NUSS. Members, with families and friends in tow, were gamely dressed to the theme – Denim & Diamonds. Many couldn't resist the chance to have their precious moments captured at the Instant Glamour Photo Booth. The highlights of the evening included a seven-course Chinese dinner and Teochew porridge supper. What's more, emcee Harry Foo kept everyone entertained with his antics, between performances by The Mysterians and beatboxer Stitch.



BOOK LAUNCH OF *A TIGER REMEMBERS: THE WAY WE WERE IN SINGAPORE* BY ANN WEE
27 OCTOBER 2016 KENT RIDGE GUILD HOUSE

Remembering Singapore

Author Ann Wee, the longest-serving Head of Department of Social Work at NUS, launched her book, *A Tiger Remembers: The Way We Were in Singapore*, on 27 October at the NUSS Kent Ridge Guild House. Born in the Year of the Fire Tiger, she moved to Singapore in 1950 to marry into a local Chinese family. Her new book accounts interesting and heart-warming stories that history books have left out – tales of ghost wives and changeling babies, rural clan settlements and migrant dormitories, and what disappeared when families moved into HDB estates. It takes a witty and light-hearted look at the Singapore of yesteryear and was well-received by our members.



BEYOND THE SCORE: SOIRÉE – AN EVENING IN FRANCE OF THE 1910s
12 OCTOBER 2016 SUNTEC CITY GUILD HOUSE



French music during WWI

Through the music of Ravel and Debussy performed by students from the Yong Siew Toh Conservatory of Music (YSTCM), members revisited the French composers' desire to transfigure the horrors of war into timeless emblems of the French spirit. Young talents who led and performed at the sold-out event, for the third year running, included pianist Ms Lin Xiangning and soprano Ms Ng Jing Yun. Professor Bernard Lanskey, Director of YSTCM, said, "It was a great pleasure for YSTCM to work with NUSS. I was really impressed with how our students engaged with the project and with the audience." The event was organised by the Alumni Development and University Relations Sub-Committee, in collaboration with the YSTCM, to provide members with an avenue for music appreciation.



SINGATHON 2016
5 NOVEMBER 2016 NUS SHAW
FOUNDATION ALUMNI HOUSE

Hitting the high note

Ten choirs from primary and secondary schools in Singapore took to the stage for the Singathon 2016 as part of NUS' choir outreach programme. The event aimed to expose our young talents to national choir standards and give them a chance to learn from one another in a fun and nurturing environment. The students received a certificate of participation as a token of appreciation at the end of the event.

5TH CUA-NUSS-PAUM FRIENDSHIP GOLF CLASSIC 29-30 SEPTEMBER 2016
SINGAPORE ISLAND COUNTRY CLUB, SEMBAWANG COUNTRY CLUB, KENT RIDGE GUILD HOUSE

Strengthening ties

Last year marked the 5th year of the CUA-NUSS-PAUM Friendship Golf Classic. Over the years, the three alumni associations – Chulalongkorn University Alumni Association (CUAA), NUS and the Persatuan Alumni Universiti Malaya (PAUM) – have forged closer ties through the game of golf. NUS clinched the top spot with 197 points. A Signing Reciprocal Agreement also took place between NUS and CUA, and NUS and PAUM to mark the renewal of friendship and further collaborations among the three universities.



INTERPORT BALUT COMPETITION
25-26 NOVEMBER 2016 KINABALU YACHT CLUB

Meet the champs

It was a proud day for the NUSS Balut Section when one of their three teams came up tops in the 36th Interport Balut, hosted by the Kinabalu Yacht Club. The team, comprising Daniel Chong, Ng Siow Pein, Lim Kah Lok and Rasanathan s/o Sothynathan beat over 30 other entrants from Singapore, Sarawak and Sabah to win the Chivas Regal Challenge Trophy.



Be ahead of the game

with *NUSS*



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when you refer a friend today!

Every referral receives
\$250 worth of F&B vouchers!

Every new member receives
\$250 worth of Robinsons or
CapitaLand gift vouchers!

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Call 6777 6060
email marketing@nuss.org.sg

NUSS
The Graduate Club

EXCELLENT SERVICE AWARD 2016 PRESENTATION CEREMONIES

24 & 25 OCTOBER 2016 KENT RIDGE GUILD HOUSE & SUNTEC CITY GUILD HOUSE

Serving with pride

NUSS held two award presentation ceremonies in October to honour the 30 winners of the Excellent Service Award (EXSA) 2016. Launched in 1994, the EXSA is a national award that recognises individuals from various industries who have delivered quality service. CEO Mr Roy Higgs presented 12 Star, 5 Gold and 13 Silver awards to staff across various departments.



CONGRATULATIONS TO ALL OUR 2016 NUSS EXSA RECIPIENTS

Star

EMPLOYEE NAME

Shanmuganathan A/L P S
Agnes Phua Lian Eng
Mohammad Azli Bin Asmawi
Paul Lim Wee Liam
Ravichandar Rajee
Chris Chong Chee Hon
Ronald Chak Wai Kuan
Andy Lim Yan Fatt
Carol Lai Boon Ooi
Chen Pui Yee
Pang Chee Ken May
Woo Seow Mei

DEPARTMENT

Café on the Ridge
KRGH Banquet
KRGH Banquet
KRGH Banquet
KRGH Ridge Bar
SCGH Banquet
SCGH Banquet
SCGH Bar
SCGH Bistro
SCGH Bistro
SCGH Bistro
SCGH Bistro

DESIGNATION

Cafe Manager
Banquet Sales Manager
Assistant Banquet Manager
Banquet Supervisor
Senior Captain
Banquet Team Leader
Senior Banquet Team Leader
Senior Outlet Team Leader
Senior Outlet Team Leader
Senior Captain
Senior Outlet Team Leader
Captain

Gold

EMPLOYEE NAME

Abdul Rahim Bin Adom
Michelle Lau Siew Lay
Rena Toh
Cherry Ng Shien Ling
Angela Ling Mei Chu

DEPARTMENT

BTGH Dunearn Restaurant
Gym
KRGH Ridge Bar
SCGH Bar
Scholar's Restaurant

DESIGNATION

Senior Outlet Team Leader
Fitness Instructor
Assistant Bar Manager
Captain
Restaurant Manager

Silver

EMPLOYEE NAME

Kit Tan Jie Lin
Leon Teoh Khai Shen
Syed Anuar Bin Syed Ahmad
Suzana Binte Rahman
Chong Yoke Wah
Ho Sau Kum
Tham Kar Mun
Jia Wenjun
Jimmy Poh Tein Fuei
Tu Yuting
Kelly Tew Sock Hun
Chin Jia Jun
Tan Swee Pian

DEPARTMENT

BTGH Dunearn Restaurant
BTGH Dunearn Restaurant
Front Office
Front Office
KRGH Ridge Bar
KRGH Ridge Bar
KRGH Ridge Bar
SCGH Bar
SCGH Bar
SCGH Bar
SCGH Bistro
Scholar's Restaurant
Towel Counter

DESIGNATION

Captain
Waiter
Senior Duty Manager
Member Relations Officer
Waitress
Waitress
Waitress
Waiter
Captain
Captain
Captain
Waitress
Captain
Pool Attendant



"Good service is about anticipating members' needs and wants, and trying to meet them"

MICHELLE LAU SIEW LAY
FITNESS INSTRUCTOR, GYM
GOLD AWARD RECIPIENT



"I enjoy giving my best to my customers and making them feel welcome at the Guild Houses"

SUZANA BINTE RAHMAN
MEMBER RELATIONS
OFFICER, FRONT OFFICE
SILVER AWARD RECIPIENT



"Good service is treating all members well and taking time to explain the rules and regulations of the pool facilities, especially to our new members"

TAN SWEE PIAN
POOL ATTENDANT,
TOWEL COUNTER
SILVER AWARD RECIPIENT

LIGHTS, CAMERA, ACTION!
16 OCTOBER 2016
SCHOOL OF THE ARTS CONCERT HALL

Melodies from the movies

The NUSS Choir treated its audience to a spirited performance comprising Mozart classics and hit songs from Hollywood blockbusters at its annual concert last year. Popular pieces from Broadway musicals, such as *Singin' in the Rain* and *Les Misérables*, were played as well. The audience was also charmed by a performance by Pei Hwa Voices, comprising 34 girls from Pei Hwa Secondary School. Also present were choir Patron and Guest-of-Honour, Mrs Goh Chok Tong, and members of the NUSS Management Committee.



AGM GOLF TOURNAMENT
9 DECEMBER 2016 TANAH MERAH COUNTRY CLUB

Get down to business

A total of 108 members attended the Golf Section's Annual General Meeting 2016. It started with fun and games on the golf course, followed by a meeting chaired by Mr Joseph Ng, the Section's convener. Some of the items on the agenda included proposed activities for 2017. The evening was rounded off with a dinner.



NUSS TENNIS SECTION AGM
11 DECEMBER 2016 KENT RIDGE GUILD HOUSE

The year in review

The NUSS Tennis Section got together to celebrate a year well spent and recognise the efforts put in by members during activities in 2016. The group's highlights of the year included winning the championship (D Division) and emerging as runner-up (C Division) at the Tennis Association's Inter-club Doubles League.



GOLF TRIP TO TAIWAN

9-13 NOVEMBER 2016 TAICHUNG AND TAIPEI

Well above par

The NUSS Golf Section organised a five-day golf tour to Taichung and Taipei in Taiwan for its members and their families. The group started off with a friendly game at the Chang Hwa Golf Club on their second day in Taichung. They took their game to the next level the following day in a competition at the Taifong Golf Club. Non-golfers didn't miss out on the fun as they had the chance to explore the famed Sun Moon Lake and Rainbow Village, among others. Back in Taipei, the golfers competed in another game – this time at the Miramar Golf Country Club – before enjoying a well-deserved farewell dinner at Five Dime Restaurant.

TAIFONG GOLF CLUB - GAME 1

POSITION	NAME	H'CAP	SCORE
CHAMPION	ANTON CHAN	19	37 (OCB)
1 ST RUNNER-UP	LOKE CHOE MENG	20	37
2 ND RUNNER-UP	LEE HOE HIN	15	35

MIRAMAR GOLF COUNTRY CLUB - GAME 2

POSITION	NAME	H'CAP	SCORE
CHAMPION	LIM KIN CHOO	12	36
1 ST RUNNER-UP	HO LI ENG	17	35 (OCB)
2 ND RUNNER-UP	CHIEW SIOW HOON	23	35 (OCB)

OVERALL

POSITION	NAME	H'CAP	TOTAL SCORE
CHAMPION	WINSTON WOH	17	38 / 41



31ST NUSS-PAUM GAMES 7-8 OCTOBER 2016 KUALA LUMPUR

Building ties through sports

New friendships were forged and old friendships renewed at the annual NUSS-PAUM games hosted by Persatuan Alumni Universiti Malaya (PAUM). NUSS took part with a contingent of around 90 as a series of games such as golf, tennis, table tennis, bowling, soccer, badminton and squash were carried out on 7-8 October. The participants had a great time catching up and many are already looking forward to this year's edition of the Games.



RESULTS OF THE 31ST NUSS-PAUM GAMES

EVENT	SCORE		WINNER
	NUSS	PAUM	
GOLF	363	366	PAUM
BOWLING	4	10	PAUM
BADMINTON	2	6	PAUM
TABLE TENNIS	3	8	PAUM
SQUASH	2	3	PAUM
TENNIS	1	6	PAUM
SOCCER	0	5	PAUM



DANCESPORT DAZZLING CHRISTMAS BALL 10 DECEMBER 2016 KENT RIDGE GUILD HOUSE

FESTIVE FEVER Members danced the night away at the annual Christmas Ball organised by the DanceSport Section. The night's showstoppers were dance performances by couples Jefferson Pimentel and Lorencia Kan, and Mikhail and Olesya Ereemeev. The Church of St Bernadette Emmanuel Choir regaled the revellers with popular carols and a lucky draw capped off the night. The event was a success, thanks to the support of *Harper's Bazaar*, Crystal Wines, Guerlain, Hair Poetry and Lawry's The Prime Rib Singapore.



ANNUAL CHRISTMAS LUNCH 13 DECEMBER 2016 KENT RIDGE GUILD HOUSE

YULETIDE TIDINGS Members enjoyed gathering with old friends and new ones at the Annual Christmas Lunch organised by the NUSS Active-Ageing and Lifelong Learning Sub-Committee. The 90 members and guests enjoyed a festive buffet spread, followed by a dance item, quiz and community singing of Christmas songs led by SilverLining.



CHRISTMAS LIGHT-UP 2016 4 DECEMBER 2016 KENT RIDGE GUILD HOUSE

BELLS AND BAUBLES The NUSS Christmas Light-up, one of the most anticipated events at the Society, was a fun-filled night with the NUSS Choir singing popular renditions of Christmas carols. NUSS President Mr Eddie Lee did the honours by lighting up the Society's 18th Christmas tree.



NUSS CHILDREN'S CHRISTMAS BASH 2016 3 DECEMBER 2016 KENT RIDGE GUILD HOUSE

CHRISTMAS CAME EARLY The NUSS Community Care Sub-Committee organised a bash for children from The Salvation Army (Kallang Bahru), Nee Soon South Community Centre, Ang Mo Kio Family Service Centre, Sree Narayana Mission Home and Celebral Palsy Centre to spread some festive joy.

NUSS CELEBRATORY DINNER 30 NOVEMBER 2016 KENT RIDGE GUILD HOUSE

AWARDS SEASON A dinner was held to celebrate the achievements of members who were also the recipients of the National Day Awards 2016. Among them were Mr Goh Joon Seng, who served almost 10 years as Judge of the Supreme Court, and Professor Leo Tan Wee Hin, Singapore's first locally trained marine biologist. Both members received the Meritorious Service Medal. The Long Service Medal was awarded to Professor Tan Tai Yong, Executive Vice President (Academic Affairs) at Yale-NUS College.



SPINNING FOR A BRIGHTER FUTURE 15-16 OCTOBER 2016 HOMETEAMNS BUKIT BATOK CLUBHOUSE

CYCLING FOR A GOOD CAUSE At the event co-organised by NUSS, 20 teams pedalled in support of needy women in Singapore and teenage girls in Punjab, India. The team from the Singapore Civil Defence Force came out tops with 645.28km covered in 25 hours.

HOW TO FIND A SOUL MATE (IN 30 DAYS) AND TIGER MUMS

7-8 OCTOBER 2016 DRAMA CENTRE BLACK BOX

THEATRE TALENTS NUSS DramaWorks' annual show played to two sell-out audiences with *How to Find a Soul Mate (in 30 Days)*, which follows Susan – a recent divorcee – who navigates the confounding world of technology-assisted matchmaking to find everlasting love, and *Tiger Mums*, where two ambitious matriarchs resolve their clash of opinions and emotions to successfully run a prestigious charity event.



DANCESPORT DAY

3 OCTOBER 2016 KENT RIDGE GUILD HOUSE

DANCING TO GOOD HEALTH From rumba and salsa to line and progressive dancing, participants showed off their moves at the first full-day mini dance camp organised by NUSS DanceSport to promote a healthy lifestyle.



CHILLAX @ THE CHILL-LAB 12 OCTOBER 2016 KENT RIDGE GUILD HOUSE

MUSIC MEDLEY More than 50 undergraduates enjoyed musical performances by NUS talents such as cover bands from Eusoff Hall and DJs from synQ. With a lucky draw and Happy Hour all night long, there was no better place to be than at Chillax @ The Chill-Lab.



HANYU PINYIN WORKSHOP 10 OCTOBER–7 NOVEMBER 2016 KENT RIDGE GUILD HOUSE

LEARNING CHINESE MADE EASY Ten senior members and guests learnt how to pronounce Chinese characters with Hanyu Pinyin at this workshop organised by the NUSS Active-Ageing & Lifelong Learning Sub-Committee. Conducted by Mr Yang Hui Sheng – who has more than 20 years of experience teaching Mandarin to senior citizens – the workshop managed to engage our senior members by using a fun and easy yet effective approach.

VISIT TO SWAMI HOME 5 NOVEMBER 2016 SEMBAWANG WALK

SPREADING GOOD CHEER The folks at SWAMI Home were treated to a hearty lunch and performance by our very own gig band The Silverstone, made up of some senior members of NUSS. The event was organised by the NUSS Community Care Sub-Committee to bring cheer to the residents at the Home.



FESTIVAL OF LIGHTS BUFFET

22-23 OCTOBER 2016

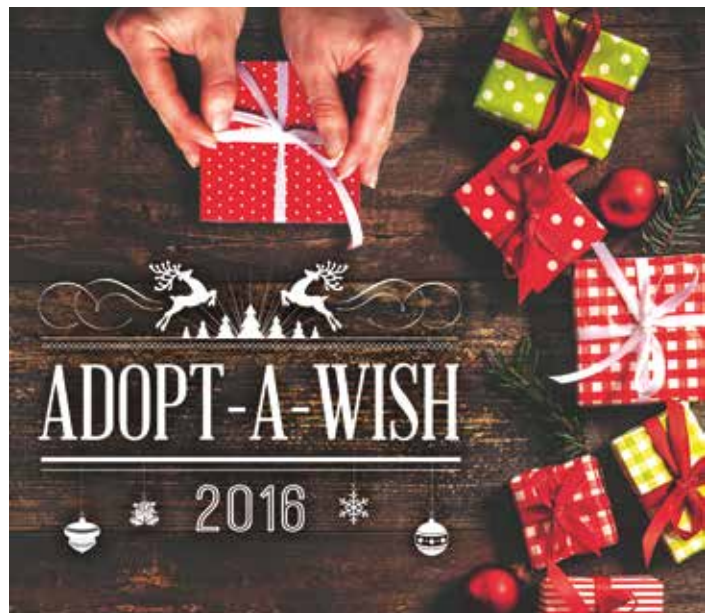
CAFE ON THE RIDGE AT KENT RIDGE GUILD HOUSE

THE JOY OF FEASTING Sixty members and their guests enjoyed a range of Indian cuisine – from chicken tandoori *shawarma* to assorted *naan* and cookies – at this Deepavali get-together.



AN EXCLUSIVE DINING EXPERIENCE WITH THE MACALLAN
26 OCTOBER 2016 THE BISTRO, SUNTEC CITY GUILD HOUSE

PERFECT PAIRING It was a special evening for fans of single malt Scotch whisky. Guests were treated to an indulgent four-course dinner paired with only the best from The Macallan distillery. A tasting of the exclusive Rare Cask Macallan Whisky rounded off the evening.



ADOPT-A-WISH 2016
NOVEMBER TO DECEMBER 2016

GIFT OF HOPE The season of giving saw NUSS members fulfil the wishes of 186 underprivileged elderly, in a joint effort with The Boys' Brigade Singapore. All wishes were adopted with donors contributing gifts like clothing, accessories and tonic products to the elderly to spread some love and joy.



THE APP DESIGNER 30
NOVEMBER 2016 KENT RIDGE GUILD HOUSE

DIGITAL NATIVES Children aged between 10 and 12 years old brought their creativity to the table at this workshop, aimed at teaching them game design and coding by applying problem-solving and reasoning skills.

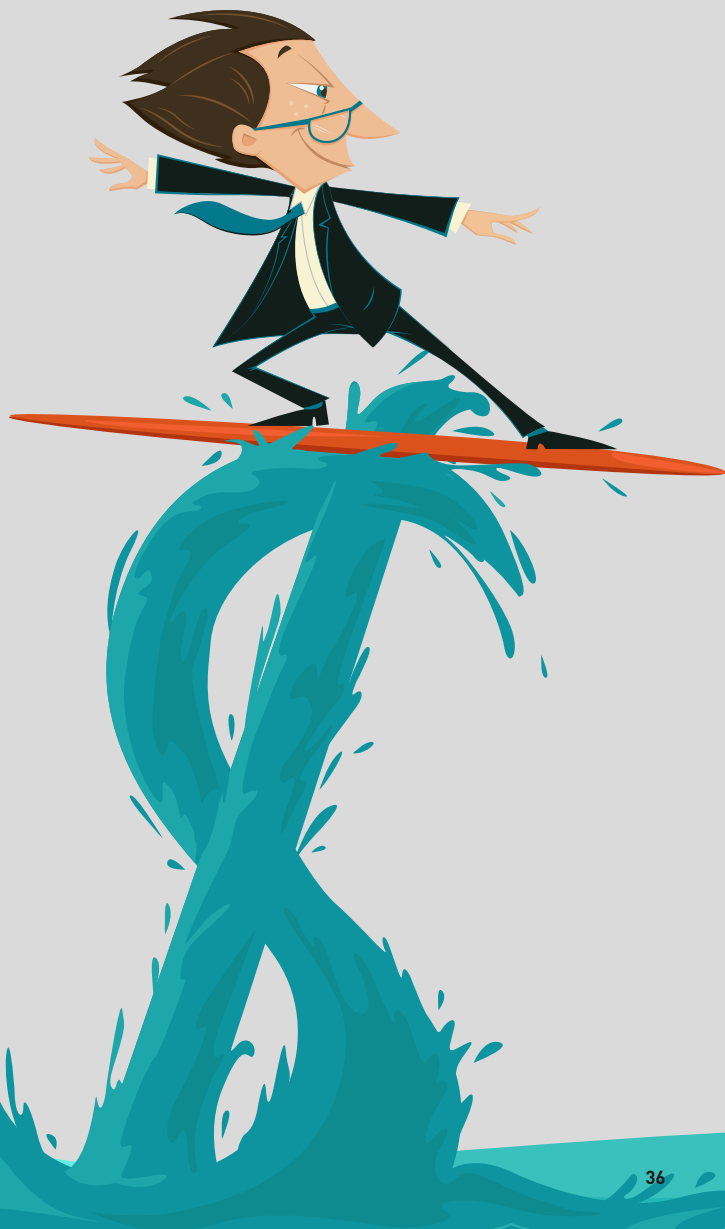


JUNIOR RADIO CLUB
23-24 NOVEMBER 2016 KENT RIDGE GUILD HOUSE

STAYING TUNED What happens behind the scenes at a radio station? Children aged eight to 11 years old learnt the art of creative writing and presenting in this fun workshop conducted by radio veteran Belinda Sunshine.

While most professions brace for a gloomy year ahead, bright spots exist in the finance and accounting, ICT, healthcare and precision engineering sectors. Annabelle Liang reports.

RIDING THE DOWNTURN



As she took in headlines that warned of job cuts, recent accountancy graduate Angela Yuen felt rather lucky.

While studying at Nanyang Technological University, she took up an internship at Deloitte Singapore. Like most of her classmates who completed similar stints, she came away with a full-time job offer.

Months in, the Audit Associate hasn't looked back. "I was quite fearful of having to meet and work with new people on a regular basis. But I'm slowly learning to be stronger and not take rejections personally," the 22-year-old said.

"I'm looking forward to learning about accountancy practices in various fields," she added.

Despite the bleak economic outlook, 53 per cent of Chief Financial Officers in the finance and accounting sector planned to hire last year, according to recruitment agency, Robert Half Singapore.

This is because sectors that cater to domestic consumption are more "recession proof", said Associate Professor Tilak Abeysinghe from the NUS Department of Economics.

"Commerce and financial business services sectors cater more to domestic consumption than manufacturing. Such sectors are less affected by externally driven recessions," he explained.

Vacancies are also aplenty in the information and communications technology (ICT), healthcare and precision engineering sectors.

At least 30,000 ICT jobs will have to be filled by 2020. The numbers are similar for the healthcare industry. Around 3,000 precision engineering jobs will also be created by then.

These are bright spots in an otherwise slowing economy, which has affected wage growth, and caused some companies to put a freeze on recruitment and retrench staff.



“Consider jobs that will allow you to develop strategic, in-demand skills”

Mr Matthieu Imbert-Bouchard, Managing Director, Robert Half Singapore



“Commerce and financial business services sectors are less affected by externally driven recessions”

Associate Professor Tilak Abeysinghe, NUS Department of Economics

Last November, the Ministry of Trade and Industry narrowed its 2016 growth forecast, to between one and 1.5 per cent. It earlier expected Singapore’s economy to grow by one to two per cent.

Although it’s hard to predict how long the downturn will last, the government may intervene, Prof Abeysinghe said. In the past, they cut Central Provident Fund rates and introduced the Jobs Credit Scheme – which gives businesses a cash incentive for keeping current employees.

It’s not all doom and gloom. Jobseekers can get assistance from the Workforce Singapore and the Employment and Employability Institute. Around 10,000 people secured jobs through career centres and the “Adapt and Grow” initiative in the first half of 2016.

They can also pick up new skills, such as how to use various computer applications, via SkillsFuture – a national movement aimed at helping citizens reach their fullest potential. After signing up, Singaporeans aged 25 and above will receive \$500 in credit, which they can use to enrol in courses.

Recruitment agencies like Robert Half, which has offices in over 400 locations worldwide, are stepping in to help. The agency has matched hundreds of individuals to jobs since it started operations here in 2007.

“Singapore is a great destination for young professionals wanting to jumpstart their career,” said Mr Matthieu Imbert-Bouchard, Managing Director at Robert Half Singapore. “Identifying the necessary skills for your industry or the skills that are currently in demand will help you stand out in the country’s competitive job market. Specialist recruitment sites are a superb way to gain better insight.”

He added: “Beyond looking at industries, consider jobs that will allow you to develop strategic, in-demand skills in areas such as business analytics and cyber security.” ■



WHAT’S IN DEMAND

Web developer

- Growth in ICT sector is exceeding supply.
- According to Robert Half Singapore, 45 per cent of firms here hoped to expand their IT teams last year.

Nurses

- More nurses are needed to care for an ageing population.
- The Ministry of Health wishes to grow the sector and establish a Singaporean core.

Development engineer

- Strong government support for starting of digital factories.
- They play a key role in Singapore’s smart technology push.

TRUMP IN THE WHITE HOUSE



As the United States gets a new President, Asian leaders are looking ahead to what comes next. Annabelle Liang weighs in on what a Trump administration means for Southeast Asia and Singapore.

He called climate change a “hoax”, proposed a ban on Muslims and thought a wall should be built at the shared United States-Mexico border. China and Singapore are stealing American jobs, he charged.

But when Mr Donald Trump swept to a convincing victory in the country’s 2016 elections, he became more than a catchy headline. He would be the 45th President.

Thousands of miles away, Asia is watching, political observers say. But it shouldn’t hold its breath.

At least for the first 100 days, and possibly stretching to the end of his first year, President Trump’s focus will likely be domestic, said Associate Professor Terence Lee from the NUS Department of Political Science.

For one, he campaigned heavily on issues such as jobs, taxes and an overhaul of healthcare. “It’s very hard to put a finger on Trump. He speaks

on the fly, so his comments may have been campaign rhetoric. On the other hand, there is the danger of erratic policy making,” A/Prof Lee explained.

“Most Republican old hands who have experience in foreign policy and dealing with Asia are not lining up to be part of the Trump administration,” he said.



“Trump speaks on the fly, so his comments may have been campaign rhetoric”

Associate Professor Terence Lee, NUS Department of Political Science

Other key milestones include Mr Trump’s decision on the Trans-Pacific Partnership, how he deals with North Korea and whether he will keep a regional military presence, said Associate Professor Reuben Wong from the NUS Department of Political Science.

That outlook may not sit well with Asian leaders. Already, in the months leading to his inauguration, many Southeast Asian leaders have aligned with powerhouse China – known to be critical of US influence in the region.

These countries are Brunei, Cambodia, Laos, Malaysia and the Philippines, whose President



“Singapore is going to be beneficiaries in China’s Maritime Silk Road enterprise”

Associate Professor Victor Savage, NUS Department of Geography

Rodrigo Duterte had earlier offered President Trump his friendship, said Associate Professor Victor Savage from the NUS Department of Geography.

Despite a landmark ruling on the South China Sea in his country’s favour, President Duterte has taken a conciliatory

approach with the rising dragon.

“Southeast Asian kingdoms have a long history of political nimbleness and flexible cultural adaptation in responding to changing power hegemonic influences,” A/Prof Savage said.

“China has geographical proximity, political consistency and economic clout in dealing with the region and I might add, an impatient political leadership,” he added.

The move may not be easy for Singapore. Despite strong economic and cultural ties, the city-state’s neutrality in the South China Sea dispute has rocked Chinese relations, observers believe.

Still, “the Singapore government and business community warmly welcomes China’s ‘One Belt, One Road’ vision,” A/Prof Savage added. “Singapore is definitely going to be beneficiaries in China’s Maritime Silk Road enterprise, which might augment the ASEAN free trade initiatives as well.”

China’s broad ‘One Belt, One Road’ initiative, launched in 2013, aims to boost economic integration in the region. While critics have warned about the impact of a greater Chinese influence, “Singapore seems to have got too close to the US in recent years,” said A/Prof Wong.

“It might be time to do some rebalancing of our own, especially in the face of expressed Chinese displeasure and rebalancing by our neighbours,” he added.

Only time will tell. ■

WATCH OUT FOR

Shangri-la Dialogue
Held annually in Singapore, the Shangri-la Dialogue typically revolves around balancing two superpowers – the US and China.

US relations
Prime Minister Lee Hsien Loong had a close friendship with former US President Barack Obama, even getting a rare invite to the White House. Will this close relationship continue?

Tensions in the South China Sea
Singapore is not a claimant and has remained neutral, but a senior Chinese diplomat told the country to not interfere in the matter.

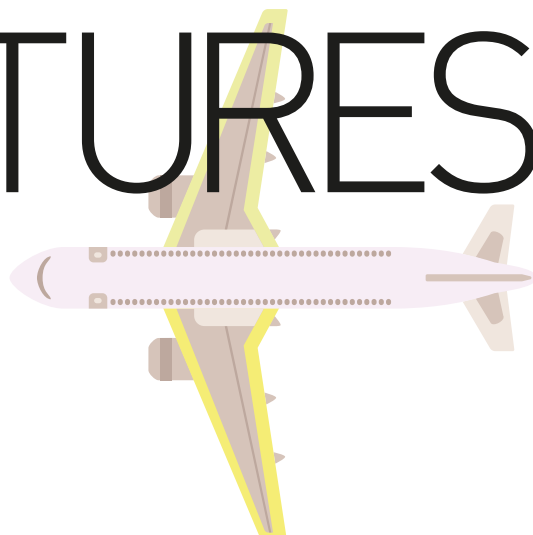
Trump’s “Americans first” stance
During his campaign, President Donald Trump singled out Singapore for stealing American jobs. Ironically, he hired a Singaporean teen to help with his campaign.



GOURMET ADVENTURES

TRAVEL

Plan your holiday around food festivals and immerse in a city's food culture. Zuhara Yusoff picks five of the best, all within eight hours by air from Singapore.



Dubai Food Festival **23 February to 11 March**

Dubai is not only known as the city with the tallest and shiniest skyscrapers. The most populous city in the UAE has carved out a name for itself in the gastronomic scene. Guests get to experience the best of Emirati culture and cuisine as well as the diverse culinary offerings by some of the world's best chefs. Last year, Dubai's first Restaurant Week gave guests a chance to dine at 30 hot spots offering special menus for only AED189 (SGD73).
DUBAIFOODFESTIVAL.COM

Melbourne Food and Wine Festival **31 March to 9 April**

The festival celebrates its 25th year with a stellar lineup of chefs showcasing the best local produce in Victoria. Glean culinary tips from David Thompson, Wylie Dufresne and Grant Achatz in the MasterClass series. Or eat your way through Melbourne's laneways. Don't miss the World's Longest Lunches, where you'll join other foodies in a decadent lunch spread across 20 tables.
MELBOURNEFOODANDWINE.COM.AU



Ubud Food Festival 12 to 14 May

The festival returns for the third year running with a number of special events taking place at venues across Ubud. The real stars of the show are the local produce, which will feature in a series of masterclasses, cooking demonstrations and food tours. The festival brings together Indonesia's most celebrated chefs and international restaurateurs, as well as musicians and artists for a multisensory experience.

UBUDFOODFESTIVAL.COM

Phuket Vegetarian Festival Between late September and early October (ninth lunar month of the Chinese calendar)

Observers abstain from meat (one of the 10 rules, the other is no alcohol) during this festival, celebrated throughout Thailand, in an attempt to cleanse their mind and body. It's your chance to eat healthy – from the food offered at Chinese temples (it's free but most people make a small donation) to street stalls with huge woks of vegetarian fried rice and stews.

PHUKET.COM/FESTIVAL/VEGETARIAN

Hong Kong Great November Feast Throughout November

Foodies worth their weight in dim sum would already know where to seek out the best food stops in Hong Kong. But come November, you'll get to sample some of the best menus from a well-curated list of restaurants and enjoy special promotions. The city's outstanding bars are also getting in on the act. Kick off cocktail hour with signature drinks concocted by some of the top mixologists around.

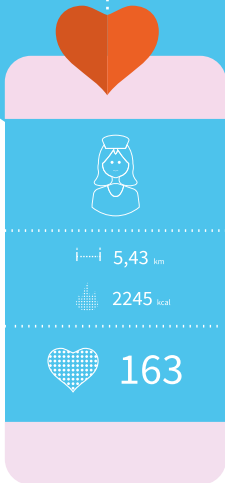
DISCOVERHONGKONG.COM



TECH

Walking gets you places and keeps you fit. Jeremy Torr recommends some of the best new apps and tech that make walks work for you.

SMART SHOE-INS



Map My Fitness

Having a walking tracker is fine, but where's the fun if only you know how good you are? Map My Fitness keeps count of the usual distance, speed, and calorie levels you reach, but allows you to upload the results and compare them to just your friends or 30 million other users. It obviously tracks walks, running, and food intake too. It even lets you go public with your deepest fitness yearnings and set goals through Twitter, Facebook, Garmin and more.
www.mapmyfitness.com



FitBit One

Don't worry if your smart watch isn't very smart at fitness. The FitBit One clips discreetly to your clothing, or you can wear it as a pendant. It uses a tri-axis accelerometer-pedometer that records all your walking, moving and jogging activity. It syncs automatically to your phone or PC, lasts days on a single charge and auto-uploads graphical data on your daily, weekly, monthly and yearly steps and distance clocked, stairs climbed, active time, even sleep quality, weight and calories burned.
www.fitbit.com/au/one



Charity Miles

You love walking and you're socially responsible. Then why not combine the two with Charity Miles? This neat app uses the GPS hardware in your phone to count the distance you have run or walked, then registers that metric to qualify your donations to a charity of your choice. So far, the app has generated a tad under \$2 million from major corporate sponsors towards causes like The World Food Programme, WWF, Habitat for Humanity and the Special Olympics. Run for it! www.charitymiles.org

Pokemon Go

Pokemon Go has seen plenty of rave reviews thanks to its addictive play. But fitness freaks are fully aware it's one of the best things around for cardio. The beauty of Pokemon Go is that you can't cheat – jump on a bus or bike at over 10km/hour and it will stop measuring your distance. And if you want eggs to hatch or obtain the Gym Jogger power ups, you have to walk up to 10km. As an overall fitness and walking app that keeps you engaged as you exercise, nothing beats Pokemon Go. **On iPhone and Android**

Sneakairs

Ever missed the turning you wanted because you were busy looking at the map on your phone? That's a thing of the past with Sneakairs. Marketed by budget carrier EasyJet, these shoes link into an app in your phone, and vibrate to tell you to turn left or right according to the map on your screen. So, carry on gazing at the scenery and never get lost! Part of the Barce2ona Street Project, Sneakairs will free you permanently from GoogleMap Head-Down syndrome. **Check out the demo on YouTube**

SKILL UP

BOOST YOUR PERSONAL BRAND

As a professional, managing your online reputation is crucial to your career success. Eve Yap reports.



More than one billion names are checked on Google daily, according to BrandYourself, a tool that allows people to create their personal brand for free. Online personal branding, on channels such as LinkedIn, Facebook and Twitter, has become important – if not crucial.

Mr Chris J. Reed, named LinkedIn's Power Profile 2012-2016, says: "No one looks at just a resume any more. Employers want to have a sense of who people are: which university the potential applicants attended, where they worked, and what their network is like – who they know, who knows them back, and who has recommended them. So they will Google them or check them out on LinkedIn."

Mr Reed, who goes by the moniker Chris J "Mohawk", is the Global President of LinkedIn Marketing and the Co-Founder and Board of Director of The Marketing Group.

"Branding, whether online or offline, entails making an impression on people you meet by giving them something to remember you by. Offline, these would be my quirky coloured glasses, red shoes, red convertible or long jackets," says Ms Chua Nan Sze Marie-Antonie, Director of the National University of Singapore's Business School. "Online, they may be intrigued by the things I post – seeing faces and reading the posts that touch their heartstrings."

NUTS AND BOLTS

Where to begin? For starters, make sure you have a consistent headshot. United States-based career expert Right Management (RM) recommends Gravatar – a site that lets you create an "image that follows you from site to site".

So, whenever you visit other blogs, people will "notice your headshot, which helps to further build your brand", says RM in its article, *Improving Your Online Presence*.

Next, what content do you associate

with your personal branding? There are two broad categories – curated and created, says Mr Reed.

Curated material involves reposts of topical or motivational articles, with snippets of your own take on a topic. Created content refers to your original thoughts on a current topic. For instance, post your views about a hot movie premise.

Mr Reed wrote about six leadership lessons after watching Netflix's acclaimed series, *The Crown*, which is about British royalty, politics and government. His key takeaway? "The business is bigger than the people employed."

SUCCESS MARKERS

So, how does all of this lead to career success?

"People have come to see me as a one-stop shop to get referrals for individuals or ideas. In trying to inspire others, I'm also branding my company," Ms Chua says. "This helps because my former students are at the right age for further studies, so my branding also helps in the recruitment pipeline."

Mr Reed says: "When I first came to Asia, I didn't know anybody. I quickly identified that through blogging, networking and building my profile online, I could build my business."

But branding yourself online is not about shouting. "It's about consistently putting out the positives of what you have done – for instance, you captained the rugby team to success or presented to a group of heads to a standing ovation," he adds.

And the bolder, the better. "If a headhunter in the US or Europe is looking for someone from Singapore, they're likely to judge you based on what they see online – so you need to give a potential employer or investor a good reason to invest in you," Mr Reed says.

The message is clear: you need to market yourself online. Position yourself as an authority in your field, tell others of your achievements and offer thought leadership, or risk losing the job or business that you think you deserve. ■



"You need to give a potential employer or investor a good reason to invest in you"

Mr Chris J. Reed,
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LinkedIn Marketing



"Branding, whether online or offline, entails making an impression on people you meet"

Ms Chua Nan Sze
Marie-Antonie,
Director of the National
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Chinese New Year "Yu Sheng" and Goodies

The Scholar Chinese Restaurant

12 January to 11 February 2017

Roasted Meats

鸿运脆皮糯米乳猪

*Stuffed Whole Suckling Pig with Glutinous Rice

\$338 per order

鸿运乳猪

*Roasted Suckling Pig

\$138 half | \$268 whole

明炉当归烧鸭

Roasted Herbal Duck

\$28 half | \$56 whole

豉油鸡

Braised Soya Sauce Chicken

\$20 half | \$40 whole

脆皮烧肉

Roasted Pork

\$42 per kg

蜜汁叉烧

Honey Glazed Pork (Char Siew)

\$42 per kg

Specialties

金鼎佛跳墙

*Buddha Jumps over the Wall

\$738 per order

富贵财神大盆菜

*Supreme Fortune Pen Choi

[Complimentary Large Salmon "Yu Sheng" for takeaway]

\$288 medium | \$388 large

腊味糯米饭

Glutinous Rice with Preserved Meat

\$32 per order

横财就手 (和味栗子冬菇发菜焖猪脚)

Braised Pig's Trotter with Sea Moss, Dried Chestnuts and Chinese Mushrooms

\$42 per order

八宝全鸭

Braised Duck stuffed with Eight Treasures

\$68 per order



Goodies

琥珀核桃

Honey Walnuts coated with Sesame Seeds

\$16.80 per tub

椰丝腰果

Honey Cashew Nuts coated with Coconut Crumbs

\$16.80 per tub

手工凤梨酥

Pineapple Tarts

\$18 per tub

秀才XO酱 (炒菜佐料佳品)

The Scholar Special XO Sauce (250g)

\$16.80 per bottle

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The Scholar Homemade Special Seafood Chilli Dip (250g)

\$10.80 per bottle

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燕窝桂花糕

→ Homemade Bird's Nest Osmanthus Jelly

\$19.80

Yu Sheng

鲍您齐齐捞起 (缤纷十头鲍鱼捞生)

Prosperity Whole Baby Abalone "Yu Sheng"

\$58 small | \$98 medium | \$138 large

鸿运齐捞起 (缤纷鲍鱼丝捞生)

Prosperity Shredded Abalone "Yu Sheng"

\$48 small | \$68 medium | \$88 large

发财齐捞起 (缤纷三文鱼捞生)

Prosperity Salmon "Yu Sheng"

\$40 small | \$60 medium | \$80 large

菩提素高捞 (缤纷高鱼捞生)

Prosperity "Yu Sheng"

(Vegetarian)

\$28 small | \$38 medium | \$48 large

ADDITIONAL

十头鲍鱼

Whole Baby Abalone

\$12.80 each

鲍鱼丝

Shredded Abalone

\$28.80 per plate

三文鱼

Salmon

\$16.80 per plate

高鱼

Mock Fish

\$9.80 per plate

*Advance order is required.

For orders and enquiries, please call 6586 3710, email scholar@nuss.org.sg or visit www.nuss.org.sg

Terms and Conditions

- All orders will be confirmed via email or fax.
- Orders for items under a la carte menu must be placed at least 3 days in advance of collection date and collected before 4pm on 7 February 2016.
- F&B credits are accepted.
- Prices are subject to prevailing GST. Service charge is applicable to non-members.
- Terms and conditions are subject to change without prior notice.

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- Signed merchandise.
- A case of Casillero del Diablo Devil's Collection.

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- A case of Casillero del Diablo Devil's Collection.

3rd & 4th Top Spender will receive:

- Golf clinic - once in a lifetime experience to meet, greet and get tips from the top golfer in the Women's section.
- 1 standard ticket for all 3 days to the HSBC Women's Golf Tournament.
- A case of Casillero del Diablo Devil's Collection.

5th Top Spender will receive:

- 1 standard ticket for all 3 days to the HSBC Women's Golf Tournament.
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**Winners will be announced on 24 February 2017.*

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Light, lemon yellow. Medium acidity and bright palate with flavours of lime and grapefruit.

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DIRECTORY

KENT RIDGE GUILD HOUSE

TEL: 6779 1811

Operating hours	Sun to Thurs (including PH) – 8am to 12am Fri, Sat & eve of PH – 8am to 2am
The Scholar Chinese Restaurant	Lunch: Mon to Fri & eve of PH – 12pm to 3pm Sat, Sun & PH – 11.30am to 3pm Dinner: Sun to Thurs & PH – 6pm to 10pm Fri to Sat & eve of PH – 6pm to 10.30pm
Café on the Ridge	Sun to Thurs & PH – 12pm to 10pm Fri, Sat & eve of PH – 12pm to 10.30pm Breakfast is available from 9am to 11am on weekends and public holidays Mon to Fri – Closed from 3pm to 6pm
The Ridge Bar	Sun to Thurs & PH – 11am to 12am Fri, Sat & eve of PH – 11am to 2am
The Chill-Lab	Mon to Thurs – 4pm to 12am Fri, Sat & eve of PH – 4pm to 12am Sun & PH – 4pm to 12am
The Right Note Karaoke Lounge	Mon to Thurs – 1pm to 12am Fri, Sat & eve of PH – 12pm to 2am Sun & PH – 12pm to 12am
Jackpot	Sun to Thurs & PH – 11am to 12am Fri, Sat & eve of PH – 11am to 2am
Swimming Pool	Daily – 7am to 10pm, except Wed 9am to 12pm
Fitness Centre/ Aerobics Room	Daily – 7am to 10pm
Ridge Reading Room	Daily – 9am to 9pm
Children's Playground	Daily – 9am to 10pm

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TEL: 6779 1811

Operating hours	Sun to Thurs (including PH) – 8am to 12am Fri, Sat & eve of PH – 8am to 2am
The Bistro	Mon to Sun & PH: Lunch - 11.30am to 3pm Dinner - 6pm to 10pm
The Bar	Sun to Thurs & PH – 11.30am to 12am Fri, Sat & eve of PH – 11.30am to 2am
K Room	Mon to Thurs – 5pm to 12am Fri & eve of PH – 5pm to 2am Sat – 12pm to 2am Sun & PH – 12pm to 12am
Jackpot Room	Sun to Thurs & PH – 11am to 12am Fri, Sat & eve of PH – 11am to 2am

BUKIT TIMAH GUILD HOUSE

TEL: 6779 1811

Operating hours	Sun to Thurs & PH – 11am to 12am Fri, Sat & eve of PH – 11am to 2am
The Dunearn	Lunch – 11.30am to 3pm Dinner – 6.30pm to 10pm
The Dunearn (Alfresco Area) & The Upper Quad	Sun to Thurs & PH – 11.30am to 12am Fri, Sat & eve of PH – 11.30am to 2am
Jackpot	Sun to Thurs & PH – 11am to 12am Fri, Sat & eve of PH – 11am to 2am

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CORPORATE COMMUNICATIONS	comms@nuss.org.sg
FINANCE	finance@nuss.org.sg
INFORMATION SYSTEMS	is@nuss.org.sg
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SPORTS	sports@nuss.org.sg
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REGULAR HAPPENINGS @ NUSS

BADMINTON	Tuesdays, Wednesdays @ KRGH: 7pm – 10pm Saturdays @ KRGH: 2pm – 4pm Sundays @ KRGH: 3pm – 6pm Contact Gaby at gabyeong@nuss.org.sg
BALUT	Every last Wednesday @ KRGH: 7pm – 11pm Contact Santhi at santhi@nuss.org.sg
BILLIARDS	Mondays @ KRGH: 6pm – 10pm Thursdays @ KRGH: 6pm – 10pm Contact Jaz at jazchua@nuss.org.sg
BOWLING	Monthly competitions @ Superbowl SAFRA Mount Faber Contact Santhi at santhi@nuss.org.sg
BRIDGE	Wednesdays @ BTGH: 7pm – 11pm Contact Santhi at santhi@nuss.org.sg
DARTS	Mondays @ BTGH: 8pm – 11pm Contact Gaby at gabyeong@nuss.org.sg
GOLF	Monthly Medals @ various venues Contact Kelly at kellykoh@nuss.org.sg
RUNNING	Wednesdays @ KRGH: 7pm Sundays @ various places: 6.30am Contact Santhi at santhi@nuss.org.sg
SOCCER	Various venues Contact Santhi at santhi@nuss.org.sg
SQUASH	Mondays @ KRGH: 6pm – 10pm Thursdays @ KRGH: 6pm – 10pm Saturdays @ KRGH 4pm – 6pm Contact Santhi at santhi@nuss.org.sg
TABLE-TENNIS	Tuesdays @ KRGH: 7pm – 10pm Thursdays @ KRGH: 7pm – 10pm Saturdays @ KRGH: 2pm – 6pm Contact Kelly at kellykoh@nuss.org.sg
TENNIS	Wednesdays & Fridays @ KRGH: 5pm – 10pm Sundays @ KRGH: 2pm – 7pm Contact Kee Wei at keewe@nuss.org.sg
CHOIR	Thursdays @ KRGH: 7.30pm – 10pm Contact Santhi at santhi@nuss.org.sg
KIDS' CLUB	Regular activities @ various venues Contact Gaby at gabyeong@nuss.org.sg
TUESDAY CONNECTIONS	Tuesdays @ KRGH: 10.30am – 6pm Regular activities @ various venues Contact Kelly at kellykoh@nuss.org.sg
DANCESPORT	Tuesdays @ KRGH: 7.30pm – 11pm Contact Jaz at jazchua@nuss.org.sg
TOASTMASTERS CLUB	Every 4th Thursday @ KRGH: 7pm – 10pm Contact Gaby at gabyeong@nuss.org.sg
MUSIC	Regular activities @ KRGH Contact Santhi at santhi@nuss.org.sg
DRAMAWORKS	Regular activities @ KRGH Contact Santhi at santhi@nuss.org.sg
ARTS CONNECTIONS	Regular activities @ KRGH Contact Jaz at jazchua@nuss.org.sg

For more information and registration details, please contact the respective personnel.

OVERSEAS CONNECTIONS

NUSS members enjoy reciprocity with graduate associations around the world. For more information, please contact Priscilla Chong at 6586 3704 or email priscillachong@nuss.org.sg

Chulalongkorn University Alumni Association – Bangkok, Thailand
Hong Kong University Alumni Association – Hong Kong
Persatuan Alumni Universiti Malaya – Kuala Lumpur, Malaysia
The Graduate Union of the University of Melbourne – Melbourne, Australia
The Royal Northern and University Club – Aberdeen, United Kingdom
The University Club of Western Australia – Perth, Australia
The University Women's Club – London, United Kingdom
The Yale Club of New York City – New York, United States of America
University Club of Denver – Colorado, United States of America
University Club of Montreal – Quebec, Canada
University House, Australian National University – Canberra, Australia
University of Saint Paul – Minnesota, United States of America
University of San Francisco – California, United States of America

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CONTEST

What's your most memorable meal at our Guild Houses during a festive occasion? Share it with us and stand a chance to win \$80 worth of dining vouchers. **HERE'S WHAT YOU NEED TO DO:**

1. Post a picture and share your story of the meal on Facebook. Remember to set your profile to "Public" so that we can see your post.
2. Tag a loved one in your post, state your membership number, and hashtag #storiesoflove #NUSSociety and #momentsatNUSS.

The contest ends at 11.59pm, 2 February 2017.

The top three winners will be notified by e-mail.

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This contest is open to NUSS members only.

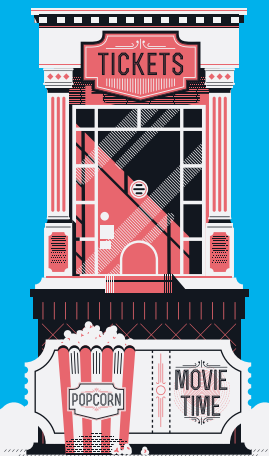


ANSWER FOR THE 'GUESS THIS RESTAURANT!' CONTEST IN THE GRADUATE (OCTOBER TO DECEMBER 2016 ISSUE):
The Dunearn at Bukit Timah Guild House

Congratulations to winners Tan Hui Yang Karen (T250K), Yeo Hong Fei (YA164Z) and Ho Mien (HA313V)!

MOVIE MOMENTS

From a feel-good musical to a sci-fi zombie apocalypse and a Lunar New Year comedy, catch these movies and more for FREE at The Chill-Lab on Sundays.



WALKING ON SUNSHINE

Taylor (Hannah Arterton) goes to the beautiful Italian coastal town of Puglia for the wedding of her sister, Maddie (Annabel Scholey), who is marrying a gorgeous local after a whirlwind romance. As it turns out, Taylor and her sister's beau are already acquainted – they had a holiday fling a few years back.

THE LAST DAY ON MARS

A sci-fi thriller that follows a group of space scientists who are about to complete a six-month stint checking for signs of life on the Red Planet. They're looking forward to getting back home, but something goes wrong on the last day when someone breaks a protocol and the crew is faced with flesh-eating zombies.

FROM VEGAS TO MACAU 3

Chow Yun-Fat and Andy Lau team up again in this comedy sequel about the gambling world. JC (Jacky Cheung) plots to set off a bomb at the wedding of Ken Shek's (played by Chow) daughter. Mayhem ensues and the Interpol is called in. Meanwhile, Ken's lover, Molly (Carina Lau), is trapped in JC's mad scientist lair.

ME BEFORE YOU

Adapted from Jojo Moyes's novel, this tearjerker sees Louisa (Emilia Clarke) signing up as a paid companion to Will Traynor (Sam Claflin), a filthy rich quadriplegic. He's bitter, aloof and contemplating suicide. She's sweet, earnest and the ultimate Florence Nightingale. Will this business transaction turn into a contemporary fairy tale?

Visit www.nuss.org.sg for more details of the latest screenings at Kent Ridge Guild House and bring your loved ones down for a weekend of entertainment!

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- #29 globally and #1 in Singapore (Financial Times MBA Ranking, 2016)

Nanyang EMBA

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- Multiple Tracks:
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Aviation & Air Transport,
Hospitality Management

Nanyang Fellows MBA

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