

Guidelines for Prospective NSA Trainers to Submit Proposals for NUSS Lifelong Learning Courses

1. NUSS is collaborating with the National Silver Academy (NSA) to offer suitable short courses and workshops for the lifelong learning interests of NUSS senior members (aged 50 years and above) and the public. Under the terms of the collaboration with the NSA, participant-learners who are aged 50 and above, and are Singaporeans and PRs, will be eligible to receive subsidies off the full course fees.

2. Prospective Trainers are invited to submit proposals for suitable short courses and workshops to be conducted between April 2026 and March 2027.

Courses may cover the following:

1. Artificial Intelligence and Digital Skills
2. Health and Wellness
3. Financial Literacy
4. Cooking and Nutrition
5. Lifestyle and Leisure

3. Courses should be designed with the following considerations in mind:

- a.** Encourages peer interaction and active participation of learners
- b.** Can be held indoor, in the respective function room at NUSS premises
- c.** Of the following sample lengths / duration:
 1. Courses: 2 to 8 sessions of 2 to 3 hours each session
 2. Workshops: 1 whole day (6 to 8 hours)
- d.** Selected courses may be submitted to SkillsFuture Singapore for consideration for SkillsFuture credits claim eligibility. Prospective trainers interested in making their courses SkillsFuture eligible should design their course titles, objectives, content with the development of job skills or employability of learners in mind, and duration to be of minimum 7 hours.
- e.** Tailor courses to be sensitive to seniors' needs and creating engaging and effective learning experiences.

4. NUSS will provide an honorarium to trainers / speakers. The honorarium is set at \$80 (non NUSS members) / \$100 (NUSS members) per hour of delivery time. **NUSS membership number would have to be provided along with your submission.**

5. Selected courses will be marketed and publicized as NUSS Lifelong Learning Courses organized by NUSS in collaboration with the National Silver Academy.

6. Application Process

a. Course trainers / workshop leaders and speakers interested to submit a course should submit a proposed course outline, along with the attached template. Proposal and trainer's CV should be submitted to Wang Meng Lee (Ms) at nsa@nuss.org.sg. Submission deadline is **Friday, 31 October 2025**.

b. Proposals will be shortlisted and selected by NUSS based on a holistic evaluation of

i. the quality of the course

ii. the qualifications of the course instructor / trainer.

Ideally, applicants are encouraged to submit a video showcasing your training skills and explaining why you are the perfect fit for our program.

iii. the suitability and relevance for seniors.

c. Selected proposals will then be submitted to the Council for the Third Age for approval under the National Silver Academy, and also to SkillsFuture Singapore for possible SkillsFuture eligibility.

d. Results will be communicated to trainers / facilitators.